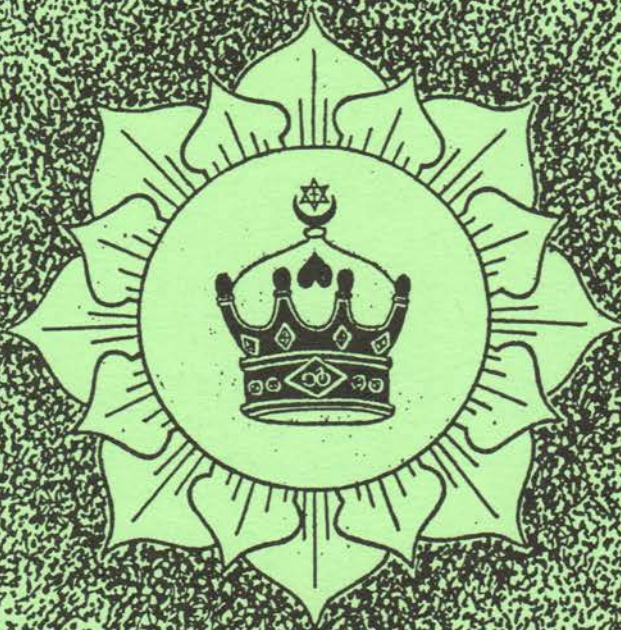


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STUDY 2

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INTO INTELLECT



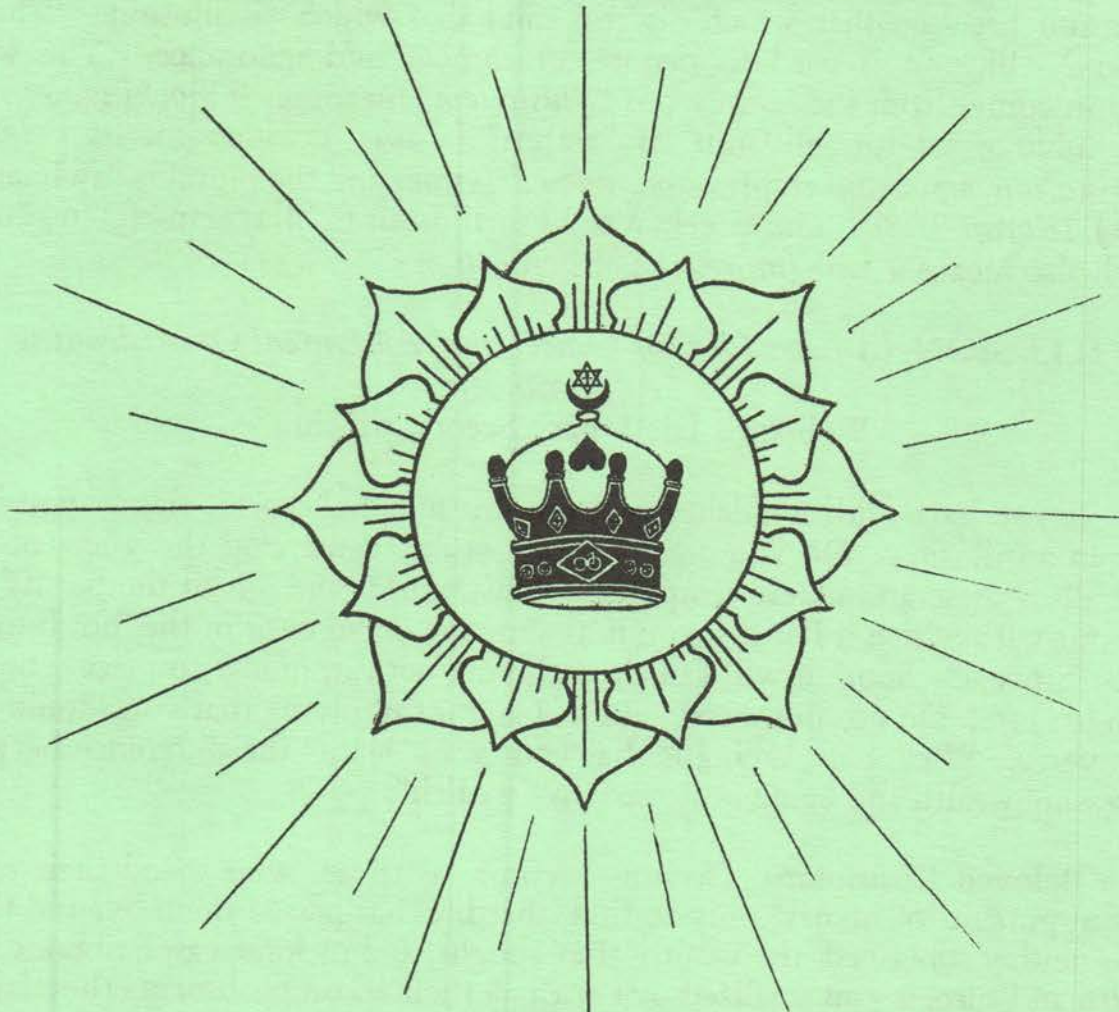
***THIS IS A SACRED DOCUMENT, UPON WHICH YOU MUST VOW
SILENCE.***

***THIS DOCUMENT IS NOT TO BE REVEALED, DUPLICATED,
DISCLOSED, DISCUSSED, TAPED OR TRANSMITTED TO NONE!***

***NEITHER MOTHER, FATHER, HUSBAND, WIFE, BROTHER, SISTER,
DAUGHTER OR SON.
HAVING TAKEN YOUR VOW OF SILENCE YOU MAY, IN THE NAME OF
THE MOST HIGH, CONTINUE ON!***

BELOVED KEEPER OF THE SECRETS

***THIS IS ONE OF THE SECRET DOCUMENTS YOU WILL RECEIVE FROM
THE ANCIENT MYSTIC ORDER OF MELCHIZEDEK (A.M.O.M.) OR
(O.M.) YOU HAVE VOWED NOT TO REVEAL THE CONTENTS OF THESE
SACRED DOCUMENTS TO ANYONE AND FARTHER ALONG YOU WILL
BETTER OVERSTAND THE REASON WHY.***



CHAPTER TWO

As A Beginner

Beloved Kosmosan,

The self realization initiation that you conferred upon yourself in Study 1 was your initial preparation for your journey along the path of overstanding. That initiation should have enhanced your receptivity, awakened your subconscious and alerted your most perceptive abilities. Now Kosmosan, you are prepared to receive the knowledge contained within the pages of "Study Two Of Lesson 1".

Within this, you will learn how to study your degrees. For yes, there is a prescribed manner in which the Kosmosans of the **Ancient Mystic Order Of Melchizedek**; studies their degree. You will also learn that for a seeker in search of spiritual perfection, the greatest hindrance that you can encounter is the confusion between that which is real and that which is illusion. What is illusion? Illusion is used to denote attachment and ignorance. The word **Illusion** comes from the Latin word "*Illusionem*" meaning "*a mocking, jesting*". The nubic word for "illusion" is "wahm" (وهم) which means *delusive imagination, erroneous impression, fancy delusion*; and the plural is "awhaam" (اوها). (*Koran 91:8*). The Greek Word For Illusion Is "illayzian" (ἰλλαιζιαν) which also means *a false impression or perception*.

ILLUSION- (*A False Idea Or Conception, An Unreal Or Misleading Appearance*)

Webster's Dictionary Second Edition

If you have faith wholeheartedly in this material world, clearly you have faith in an illusion. Do you acknowledge wealth, fame, and the spices of life? Well all of these are merely temporary. This world and all of the beauty and glamour with which it flatters you is as a mirage on an oasis in the hot burning sands, "**unreal**". Soon it will vanish and you with it, unless you free yourself from it's lure. Do not misoverstand me, I am not implying that you should live in poverty. What I am saying is that you must learn the difference between possessing wealth and being possessed by "**wealth**".

Beloved Kosmosan: Do not become as those who spend their entire lives in pursuit of luxury, only to find that life has passed them by, and that they neither obtained the wealth they sought, and in some cases, obtained the wealth and success, but realized that with all their accomplishments they failed to acquire the most precious jewel of all: **Knowledge** of and for the spirit, food



Study 2

for the innerself, that part of you that lives on after the physical body has decomposed. For each being is a trinity, meaning that there are three beings in one:

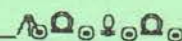
The first, is what people see you as; **the second**, is what you see yourself as; and **the third**, is who you really are: The Supreme Being in you, and that is who the members of **The Ancient Mystic Order Of Melchizedek**, will raise to power over the other two.

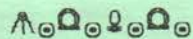
Yes, you should have goals in your life that you want to reach. Goals that will help unite us, and create a world that is safe for all children, and if along the way, you see something beautiful that you would like to own, by all means own it. Only remember that you should not allow yourself to become so attached to your worldly possessions until you forget everything else. In order to become worthy of the **journey** upon which you are to embark, you must overcome the trivialities of the physical plane and learn to submit to the feelings of the unknown; those feelings that inspire your spirit and elavate your soul. Feelings that you have known since birth, In reality, they are only your senses crying out and imploring you to remove the veil from your eyes. Those feelings are the innermost part of you, that part that beckons you to a second sight, this sight which is clairvoyance will achieve you through hard work, study and devotion.

Devotion, Kosmosan, is not a shield that you wear only in the winter when you must protect your body from the cold, but instead, it is a quality that needs to be ever present in your heart. Your devotion to this order should be unshakable, not built upon blind feelings, but upon insight which leads to the highest confidences of the mind. This devotion should penetrate your heart deeply, becoming unswerving. It should be your gift to this order, whereby in your heart-felt dedication, vows will be kept a secret, oaths will be upheld, and others will be able to depend on you and trust you.

Be not like those who desire to learn about the spiritual beings inside them, but who do not want to sacrifice. This type of persons create an unfavorable atmosphere for the growth of the inner soul, and prevents themselves from receiving **The Pure Green Essence**. Instead, you should strive hard to study and to apply in your life the principles which you will herein learn.

One of the principles this universal order teaches is that humims are able to attain **knowledge** of the **spiritual abode** while yet in the humim form and that humans are essentially spiritual beings endowed with many special qualities. But how do humans acquire the knowledge of the **spiritual abode**





while yet on the physical plane? You acquire this most sacred knowledge by exercising the gifts with which you were so graciously endowed. One of these gifts is the ability to discern between right and wrong, the gift of "will". You have the power to decide your course of action in life, and you have the power to guide your thinking. Thus, if you are truly sincere about attuning yourself to the cosmos, and rising up as a spiritual being, exercise your "will" and you shall be successful.

The Way To Study The Degrees

Study Hours

Each member of **The Ancient Mystic Order Of Melchizedek** has selected the evening hours on **Thursdays** as his study hours. And if it is at all possible, you too, should designate one hour of the evening hours on Thursdays; anytime between 19 minutes after the appearance of the sun setting and 19 minutes before midshadow hour as your study period. The need for complete privacy during this time is imperative; therefore, you should inform your family and friends so as not be disturbed. The evening hours on **thursdays** has always been a powerful period of time for the Kosmosan, and although the members are not all under one material roof, (for our roof is the sky), while studying the devotees are united spirit and mind during this hour of spiritual growth and elevation. During the evening hour on Thursdays while each member of **The Ancient Mystic Order Of Melchizedek** attends to his\her studies, the master sits in his shrine and meditates, sending forth his energies and inspiring his devotees. It is also during this time that we hold meditation ceremonies. When attending these ceremonies it is compulsory that you wear the garb of the order.

Proper Attire Of The O.M.

The O.M. Pendant- The mystic symbol of O.M. decorants the O.M. pendant. (*Refer To You And The Ancient Mystic Order Of Melchizedek.*) The crown superimposing the open lotus is our sacred symbol. The 16 petals that the lotus has are the 16 principles of an **Illa Mutajassida** (الله متجسد), And or the sixteen rays of the heart seat.



The Pendant

THE CROWN With it's many jewels shall be given to those who do not fall to the temptations of the world under the spell of kingu 𐎎𐎗𐎟𐎠 and endure to the end. It also symbolizes expansion and advancement. It's the likeness of the many shams or shens (𐎲𐎶𐎵) that com from **NIBIRU** 𐎎𐎠𐎢𐎺𐎠 the mothership, that yields the crystal city (*Rev 21:2*) which will come for the 144,000 (*Rev 7:4, 14:1*). The true rapture, having 2,880 ships, **sham** (𐎲𐎶𐎵) of 50 passengers each, over a period of 30 years, starting from 5/5/2000, 8/12/2003 to 6/26/2030.

THE SASH The sash symbolizes the keeping of the secrets of the order bound within one's chest, where the heart sets. Each level will have a different color sash. The first level will have a white on red sash, the middle level will have a white on black sash, and the third level will have a black on white sash with jewels on the symbols. The symbols that will be on the sashes each have a symbolic meaning. *(Refer To You And The Ancient Mystic Order of Melchizedek)*

THE JACKET The jacket represents the ephod. The ephod is a square sleeveless apron-like garment made of gold and linen. In hues of **violet, blue, and scarlet** which reached from the shoulders to the hips. The ephod was worn by levitical high priests. These high priest was after the order of **Melchizedek**. Being a members of the *A.M.O.M.* you also have become a students after the order of **Melchizedek**. They will also wear a jacket/ephod. And like the sash each level will have a different color jacket, the first level will wear a **red jacket**, the second level will wear a **white jacket**, and the third level will have a **black jacket**.

Exodus 28:4

4/11 7:00 PM 9x4 7/11/17 7/11/17
 19x4 4/11/17 4/11/17 4/11/17
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 7/11/17 4/11/17 5/11/17
 11/17/17

WA (AND) EL-LEH (THESE THINGS) ARE THE BEGH-ED (GARMENTS) ASH-ER (WHICH) THEY SHALL AW-SAW (MAKE); A KHO-SHEN (BREASTPLATE), WA (AND) AN AY-FODE (HIGH-PRIEST'S SHOULDER PIECE, EPHOD), WA (AND) A MEH-EEL (ROBE, CLOAK), WA (AND) A

TASH-BATES (BROIDERED) KETH-O-NETH (SHIRT), A MITS-NEH-FETH (OFFICIAL TURBAN, MITRE), WA (AND) A AB-NATE (GIRDLE, BELT): WA (AND) THEY WILL AW-SAW (MAKE) QO-DESH (HOLY) BEGH-ED (GARMENTS) FOR A-HAR-ONE (AARON) YOUR AWKH (BROTHER), WA (AND) HIS BANE (CHILDREN [SONS]), THAT HE MAY KAW-HAN ([SERVE ME AS A] PRIEST'S).

And These Eloheem Garments Are That Which They Will Fashion A Breastplate, And A Ephod And A Robe, And A Broidered Shirt A Turban, And A Gridle, And They Will Make A Holy Garment For Aaron Your Brother, And His Children, That He Should Serve Me As A Kohane "Priest".

All students enrolled in the sacred mystic order of O.M. wears the *jacket and sash* during meetings and/or gatherings. All students enrolled in the sacred mystic order of O.M. will wear regular clothing to assimilate into society with everybody else, however upon assembly each member proceeds to be donned in a clean (crimson, black or white) suite and bow tie: (male) and a midcalf length or long black skirt or dress and a white blouse (female) along with his/her sash. Make Note: that you must not get the color red mixed with the color crimson.

THE SASH

All students enrolled in the sacred mystic order of O.M. wears the same sash but in different colors according to levels:

1St Level: *Crimson Sash Gold Embroidery, Crimson Bow Tie*

2Nd Level: *White Sash Gold Embroidery, White Bow Tie*

3Rd Level: *Black Sash Gold Embroidery, Black Bow Tie*



The *Tarboosh* symbolizes the crown of life. It is to be worn with dignity, honor, power, authority, reward and glory. In the hereafter it will be known to you as the sacred crown. This crown shall be given to those who do not fall to the temptations of the world under the spell and endures to the end. Rev.2:10

Revelation 2:10

μηδεν φοβου α μελλεις πασχειν. ιδου μελλει βαλλειν ο διαβολος εξ υμων εις φυλακην ινα πειρασθητε, και εξετε θλιψιν ημερων δεκα. γινου πιστος αχρι θανατου, και δωσω σοι τον στεφανον της ζωης.

FOB-EH-O (FEAR) MAY-DICE (NONE) OF HO (THOSE [THINGS]) HOS (WHIC) YOU SHALL PAS-KHO (SUFFER): ID-OO (BEHOLD), THE DEE-AB-OL-OS (PHYSICAL DEVIL) SHALL BAL-LO (CAST) SOME OF YOU ICE (INTO) FOO-LAK-AY (PRISON), THAT YOU MAY BE PI-RAD-ZO (TESTED); AND YOU SHALL EKH-O (HAVE) THLIP-SIS (HARD TIMES AND DISTRESS) DEK-AH (TEN) HAY-MER-AH (DAYS): BE YOU PIS-TOS (FAITHFUL) UNTO THAN-AT-OS (DEATH), AND I WILL DID-O-MEE (GIVE) YOU A STEF-AN-OS (CROWN) OF DZO-AY (LIFE).

Don't Fear Anything Of The Suffering That Will Happen To Your, So This Is He, The Physical Evil One, Reptilian Nakhsh Or Satan Zuen, The So-Called Leaders Of Jews Of The Messiah Jesus' Time Who Is Intending To Cast Some Of You Into Prison So That He May Test You And You Will Have Hard Times And Distress For Ten Days. So Be Faithful Until Death And I Will Give You The Crown Of Life, Symbolic Of Authority, Dignity, Power, Honor, And Reward.



Adorned In The Jacket And Sash

All students enrolled in the sacred mystic order of O.M. wears the *TARBOOSH* to all meetings and/or gatherings. All students enrolled in the sacred mystic order of O.M. wears the same Tarboosh but in different colors according to the level they are on.

- El- Crimson tarboosh with gold tassel hanging to the right. Embroidered and colorful crown in the middle of the lotus plant, and gold embroidered initial O for O.M. on one side of the lotus plant and the M on the other side of the lotus plant.
- Eloh- White tarboosh with gold tassel hanging to the right, embroidered colorful crown in the middle of lotus plant, and gold embroidered initial O for O.M. on one side of the lotus plant and the M on the other side of the lotus plant.
- Eloheem - Black tarboosh with black tassel hanging to the right. embroidered colorful crown in the middle of lotus plant, and gold embroidered initial O for O.M. on one side of the lotus plant and the M on the other side of the lotus plant.

Do not worry as to whether or not this ceremony will interfere with your study period, for we will inform you by mail as to when these ceremonies will take place. Detailed information concerning these chanting ceremonies will be made available to you in later degrees.

Fasting

You should begin fasting every Thursday morning with a liquid fast of water and honey. Fast only during the daylight hours and break fast 19 minutes before the appearance of the sun setting with a cup of miso and tofu soup. **Miso**, pronounced *mee-so*, also known as fermented soybean paste, is called "*The Food For Humanity*". It is a savory high protein food made from Soybeans, Grains (Usually Rice Or Barley), Salt Water; and like yogurt, it is a living cultured food containing Lattice Acid forming bacteria such as *Pediococcus Halpophilus* And *Lacto Bacillus Delbruekii*) plus other health giving microorganisms and digestion aiding enzymes. Its flavors are as varied as the most finest cheeses.

The Holy Tablets El Hayy (The Life) Tablet 14:11

"Fasting Of The Mind Is When The Thoughts Are Weaned From Attachment To The Many Fleeting Sensations That They Feed Upon"

Miso is one of the East Asia's most important foods, said to promote long life and good health. It is also considered a powerful protein booster. It aids in digestion and assimilation (which is the process by which nutrients are absorbed

into the system); it is an excellent seasoning for low-salt diets, for it contains only 5.5 to 13 % chloride (versus 99% in table salt); it is a key to low fat cookery, an excellent seasoning for weight watchers and much more. In Far East over 70% of the population starts the day with a cup of miso instead of coffee.

By alkalizing the blood, miso wakes up the nervous system and offers abundant nourishment, stamina and a high quality of energy.

Tofu

Tofu, pronounced *Toe-Fu*, Is another product of Soybean and a very good source of protein. Not only does it provide protein, but it supplies calcium and other minerals. Tofu and Miso together provide about 9-12 grams of protein (roughly 1/6 of the adult daily requirements), plus, important polyunsaturated Oils. Miso is inexpensive, easy to prepare and can be stored for months without refrigeration. These foods can be purchased through the order, or in any natural and health food store, Japanese and Chinese grocery store, and some supermarkets. If you cannot acquire the miso or tofu, you may break your fast with a cup of broth, but be sure that it does not contain any type of flesh. After serving yourself the cup of soup, nothing else should be Consumed Until The Study Period Has Ended. You May Use The Following Recipe For Miso And Tofu Soup.

1 3/4 Cup Of Stock (Broth Vegetable)
 1/4 To 1/4 Cup Of Fresh Green Onions
 1 To 2 Ounces Sautéed Tofu, Cut Crosswise Into Thin Strips
 2 Tablespoons Red Barley, Or Hutcho Miso
 1 Tablespoon Thinly Sliced Leeks
 Bring The Broth To A Boil And Add All Remaining
 Ingredients, Be Sure To Cream The Miso Before Adding To
 The Broth.

Yes, fasting creates spiritual discipline and it is by way of spiritual discipline that humims can attunes him or herself to **THE MOST HIGH**. A new consciousness of a higher life is gained through fasting, a life above that which is maintained by eating and drinking. it is also very good during this fast to drink mint tea with honey as a sweetner, try to fmg the fresh green leaves not the dehydrated leaves.

The Holy Tablets El Hayy (The Life) Tablet 12:1-2

"Lo Improper Diet Is Another Hindrance To Spiritual Progress. All Foods Have Distinct Energies. Just As The Physical Body Is Formed From The Gross Physical Partions Of The Foods That Are Eaten."



Study 2

ገጽ 10

Fasting is humim's oldest healing method; a dependable cure practiced by many great mortals in order to attain mental and physical efficiency not to mention longevity of life. Now you may ask the question, why should I deny my body food, is not nourishment necessary for life? The answer is, yes. Nourishment is needed for life. However, there are times when what you take into the body battles what is already there and the result is disease of many kinds.

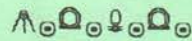
When diseases set in they weaken the body's defensive mechanism and do not allow vital organs to function properly. The metabolic rate decelerates, and the eliminative organs (**lungs, liver, kidneys, and skin**) loose their efficiency causing toxins and waste to remain in the body. The toxins and waste eventually poisons the system. Humans also intake natural poisons that they are unaware of.

These natural poisons are contained within certain foods and which in very large doses can make a person ill. For ex: a banner has a chemical that can produce hallucination. Green potatoes contain a poison, solanine, which causes stomach ache. Cheese can contain tyramine, a chemical related to the body hormone adrenaline. This affects the pulse rate and can cause nightmares. All this effects the body's natural healing process it becomes weak and is unable to heal itself no matter how hard it tries. While fasting, however, one rids the body of excess food and also gives the digestive system a rest. The process of elimination speeds up and whatever tissue substance was diseased and damaged, burns up and decomposes.

For this reason, fasting is called "**A Process Of Burning,**" masses of waste and toxins are quickly expelled from the body, and the nervous system is regenerated. Mental powers are improved and the senses are heightened. Fasting results in a cleansing of the body. Rejuvenation takes place when the building process of life called **anabolism** is accelerated, while the tearing down the process called **catabolism**, is slowed.

When fasting all of the body's cells undergo refinement. Heart functions and bowel action improves and you even sleep better. Mental power is increased, the eyes become sparkling, and a more youthful appearance becomes evident. Hence, the body is able to function at it's best. And that is what the body should do when you study....**Function At Its Best.**
There Are Three Different Types Of Fast:

1. Liquid Fast Of Juice, Water, Etc.
2. Fast Of Water And Honey Only.
3. The Abstinence Form All Liquids And Foods.



Study 2

ገጽ 12

In the liquid fast of water and honey, the water being the purest element in the universe, will aid in regenerating the metal and physical powers of the body as the fast purifies the system. The honey as well as bee pollen has certain healing properties which will soothe the body as well as revitalize it and give it new energy.

Raw honey has always been known as a magical life substance. In ancient times it was used as medicine, and was the main ingredient in healing compounds for treatment of wounds and sores. Bee pollen which is extracted out of honey is also very healthy for you especially when fasting because it contains all nutrients needed to sustain life. Composing of all the essential vitamins, mineral, proteins, carbohydrates, and hormones needed to maintain a healthy body, bee pollen is a complete food by itself. It is also important, while fasting, that you should drink no more than 8 oz glasses of water and no less than 8oz of water during the day hours. Each glass should be mixed with a teaspoon of honey.

Personal Shrine

In order to make your study evenings truly advantageous, I suggest that you create an atmosphere conducive to your study needs. If possible choose a place in your home that you can call your "personal shrine". Bearing in mind that a place is only as sacred as you make it -mental attitude plays an important role in how you view things.

Firstly the room in which you sit should be immaculate, free of all distractions, and free of all pictures except those of the masters who are keys of inspiration. The pictures of the master will be available to you. The room should be minus the color red which attracts negativity and disturbs the flow of the pure green essence. Your primary objective is to engender an environment that reflects purity and sanctity, because it is compulsory that you be in a state of cleanliness before you begin.

ግልጽ ሆኖ ለጥናት ማብረቅ የሚችል ቦታ ማግኘት አለብዎት። ይህ ቦታ ለጥናት ማብረቅ ብቻ የሚያገለግል መሆኑን ማረጋገጥ አለብዎት። ሌሎች ሰው ለመገባት የሚችሉ ጉዳዮች ሊኖሩት ይገባል። ለዚህም ማስጠንቀቂያ ሆኖ ለጥናት ማብረቅ የሚችል ቦታ ማግኘት አለብዎት። ይህ ቦታ ለጥናት ማብረቅ ብቻ የሚያገለግል መሆኑን ማረጋገጥ አለብዎት። ሌሎች ሰው ለመገባት የሚችሉ ጉዳዮች ሊኖሩት ይገባል። ለዚህም ማስጠንቀቂያ ሆኖ ለጥናት ማብረቅ የሚችል ቦታ ማግኘት አለብዎት። ይህ ቦታ ለጥናት ማብረቅ ብቻ የሚያገለግል መሆኑን ማረጋገጥ አለብዎት።

"When One Of Peace Performeth The Ablution, One Washeth From One's Face Those Faults Which One May Have Cast One's Eyes Upon. And When One Washth One's Hands, It Removeth The Faults They Committed, And When One Washes One's Feet, It Dispelleth The Faults Towards Which They May Have Carried One So That One Will Rise Up In Purity From The Place Of Ablution."

BY THE HAND OF MELCHIZEDEK :THE SPIRITUAL GUIDE

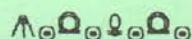
To Begin

Prior to reading any of the degrees of **THE ANCIENT MYSTIC ORDER OF MELCHIZEDEK**, you should first place the degree you are about to study in front of you. Look at it, as if your looking into a candle and imagine that the book and its surroundings are lit up with pure green rays, an aura you can see with your mind's eye. Then as you pick the book up, feel the pure green essence travel from the book to your hands, up your arms to cover your whole being. Feel and see the gleam, it is a pure healing essence directed to you from the master. Now clear the mind of all negative thoughts such as: anger, jealousy and hate; while recognizing that what you are about to endeavor is for the spirit and not for the physical self. To do so, will calm the chaos and the vibrations of the body and prevent the soul from sinking further into a whirlpool of confusion.

As the solitude of the room frees you from the burdens that's just outside your door, and as its silence embraces you, making you feel comfortable, safe and warm, reflect upon the teachings of the previous degree and then prepare yourself for an exercise of concentration. You should always concentrate and meditate for a short while prior to studying any of the degrees which you will receive. Before I give you the exercise:

Concentration is the act or process of concentrating. To concentrate is to focus, center, to bring or direct one's mind toward a common center or objective. Concentration is a very important principle, one that you should practice and try to master, for contrary to the belief that the art of concentration is simple, efficient concentration is not easily achieved.

There are two types of concentration. One is called **objective concentration**, which is when you focalize (center) your attention on some "thing", be it an object, your work, etc. This type of concentration allows you to study a thing detail by detail until you learn it's every facet. In essence, it is a means of disciplining the mind. During this type of concentration, one is aware of the self, and the sense of "I" remains.



Study 2

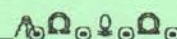
The other typē of concentration is called **metaphysical concentration**. This type of concentration goes a step further, for you do not only focalize your thoughts on something, but you learn to become passive, which is to say, receptive to outside influences or impressions. You open up so that you can feel, sense, see, and almost taste and smell whatever you are concentrating on. Much like the artist who paints a picture. Before he paints the picture, while concentrating on what he would paint, he not only focalized his thoughts on the drawing, but he sees it, feels it and lives it. This type of concentration allows you to turn your thought inwardly and that discipline gives birth to the inner disciple in you. This type of concentration is called "*the door to meditation*". But make no mistake, it is not meditation. In meditation the sense and feeling of "I" vanished, whereas in objective concentration, as I stated previously, one is ware of one's self and the sense of "I" remains.

The Holy Tablets El Hayy (The Life) Tablet

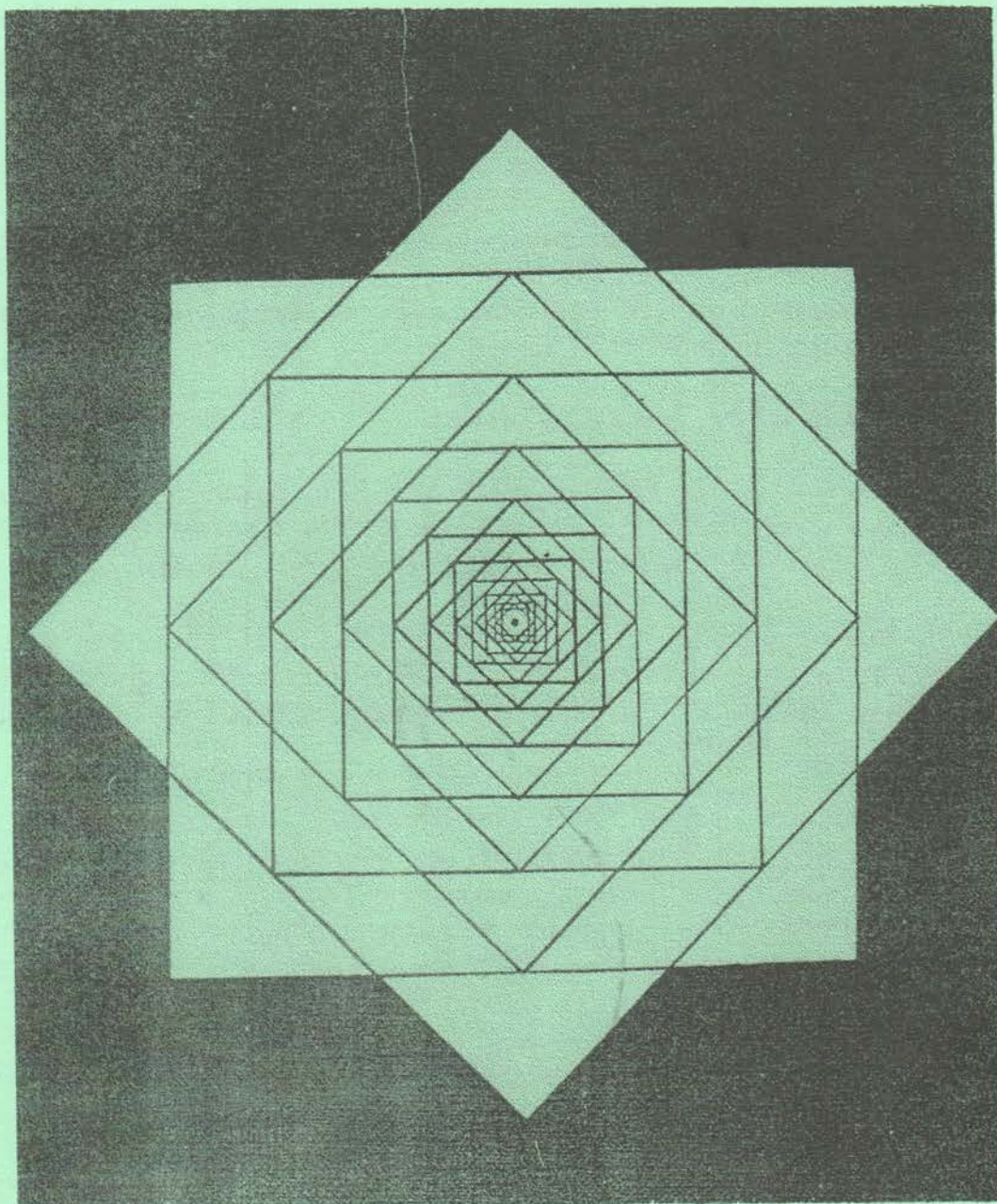
Mental Concentration Is The Fixing Of The Mind For Are Extended Period Of Time On One External Point. There Can Be No Concentration Without Something On Which The Gathered Rays Of The Mind Can Rest.

The following exercise of concentration that you will now perform, requires that you first use objective concentration, and then it requires that you become receptive so that you can receive the energizes that I will shower upon you. You are now ready to begin!

1. Provided for you on page (14) is a **mystic cube**. Look at the mystic cube closely. Notice that there appears to be many squares, one on top of the other. Concentrate, concentrate, as your eyes travel down what appears to be a long corridor. The squares will appear blurred. This is because in our mind's eye, you have changed the one dimensional squares into three dimensions.
2. Continue to concentrate and focus your eyes as you centralize your thoughts on the black dot in the center of the mystic cube. As you look at the black dot, you will see an **eight (8)** pointed star radiating from it, and you will feel that the dot is not a barrier but that you can travel right through it. Suddenly, the dot will turn white. When it does, let your mind drift. Relax!
3. Open yourself up and become receptive. As your mind drifts and awakens, many thought will flow through it. Some of those thoughts will be the product of your own imagination, while others will come about as a result of the knowledge and mental energy that is being projected into the universe by the members of **The Ancient Mystic Order Of**



Melchizedek, as they study together. This force of mind power that sweeps the universe creating a bond of divine love between all the



The Mystic Cube

members of this order, is guided and directed to you by the Master: **Melchizedek**. You will know which of these thought are directed to you by the order by which they come, you will feel a surge of energy that rises from the bottom of your spinal column to the top of your head, engendering a feeling of sudden comfort.

4. Now slowly envision the black dot in the center of the **Mystic Cube** while you reverse the direction in which you were traveling. Return slowly to the point where you started. As you reach the first square, you will be ready to enter into a state of meditation.

[illegible]

"When In Meditation, Invision Yahuwa Eloh As If You See Him; For Surely, In His Competence, He Sees You."

CONVEYED BY THE HAND OF MELCHIZEDEK: THE SPIRITUAL GUIDE

Meditation

At this point I will touch on the subject of meditation; however, shortly you will receive a secret document in which the art of meditation will be discussed in detail.

Meditation, Beloved Kosmosan, helps to discipline the mind. It teaches you how to balance your life between the mundane and the sublime, it relieves tension, allows you to gain inspiration and improves your life. Meditation is, in fact, a science that requires patience and submission. If you become impatient, wanting immediate results from the mind's capacity to submit, you will not be able to meditate. Remember, the mind and the heart must meet and become as one. Therefore, you must not permit impatience to interfere with what you are trying to accomplish.

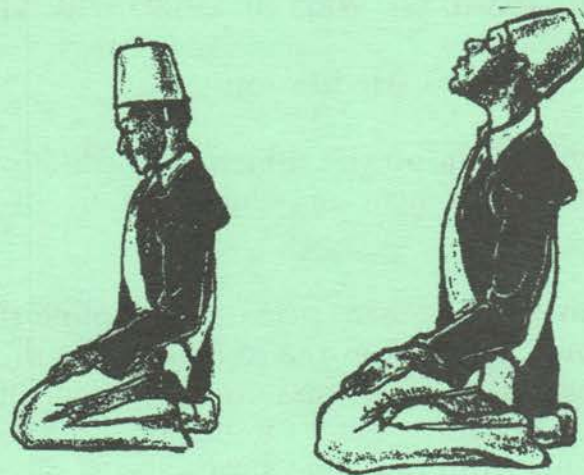
- 1.



When meditating, your clothes should not be tight or binding so as to impair circulation or cause one to be aware of them. Sit comfortably with your feet crossed. The spinal column must be perfectly straight; you will accomplish this by making sure that your ears are perfectly aligned with your shoulders and that your nose is perfectly aligned with your navel. While sitting, you do not want to fall asleep, therefore, keep your eyes opened partially. This will keep you awake as well as hinder your capacity to detect diversions.

Sitting Position

2. Relax the body to clear the mind of all things that cause tension. Breathe out seven times forcefully, on the word **hayy**  Hold the last breath until all the negative energy is out of your body. Now breathe through the nose and out the mouth with the teeth closed seven (7) times. Bring the head to the chest on the exhales and swing the head back on the inhales. Much like the swinging of a clock pendulum. Keep it steady. At the end of the **seven** (7) breathes, let the body settle into relaxation. Sway the body from side to side for a few moments and then become perfectly still.



Swinging Your Head From Front And Back

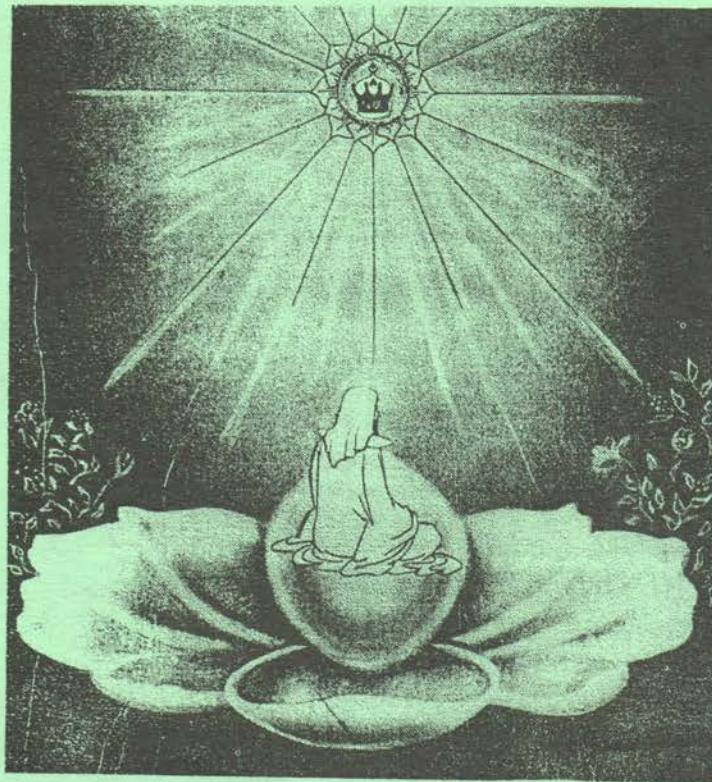
3. Now enter a state of meditation by contemplating nothing but what you intend to do. Say to yourself that you are willing and desirous to seek the city of peace, the holy place. Then say in an audible voice:

[illegible]

"I am humim yearning instruction I am unclean, craving purity; and I full apprehend that this place is the greatest illusion."

Remain seated while trying to feel the silence and tranquillity that has embrace your surroundings.

4. Now imagine yourself sitting on a beautiful lotus plant with seven (7) petals. It is floating on a glistening pond that sparkles like crystal, and you are surrounded by nothing but delicate green vegetation. Each lotus petal is outlined by a pure green aura; as you slowly open your eyes and gaze upward, you see the symbol of **The Ancient Mystic Order Of Melchizedek** within this green aura.

[illegible]

"I Incarnate From Time To Time For Those Who Are In Need Of My Presence In The Flesh. I Am Truth."

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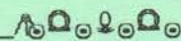
As you behold this irradiating symbol, you perceive the master, **Melchizedek**, and you feel him beckoning you to this green glow: Come follow me... Come follow me. Then you feel yourself ascending closer to the pure green glow. When you are totally immersed in this healing force, you will begin to travel the celestial corridor of the traveler. As you draw nearer to the end of the corridor, you will behold a magnificent temple of tremendous dimensions suspended in mid air. It will be adorned in a rainbow of soft pastel colors, sparkling like crystals. Emanating from its crown and surrounding this celestial edifice are seven brilliant towers, emitting the brilliant auras of the seven masters whose names you will be given later in your studies. At this point you meditate on the following words, words which the master asks that you say with the voice of your mind.

[illegible]

"As I Start On The Path Of Intellect And Life, I Understand That My Destination Is Death To Be Transformed To A Greater Light. Yet, I Have No Humim Fears For The Masters Do Walk With Me. And When I Do Err, I Feel Their Wrath, But When In Control Of My Full Self, I Feel Their Grace Encompass Me. More Blessing Than Any Being Is Worth, They Shower Upon Me: And Comfort Me As A Mother A Babe In Her Breast. As I Wean From The Wisdom, I Grow Into A Vessel Of Vital Love. They Pave The Ground Before Every Step In My Life. And When Confronted By Foe, They Straighten My Arrow And Strengthen My Purpose: An I Shall Dwell In Their Shadow Eternally."

As you meditate on the meaning of these words, you now become cognizant that "the valley of the shade of death" is the etheric filament that connect this world and the next. Similarly, within the temple you have envisioned, there the actual transition from this world to the purging rays. In your heart you yearn to be in the pure essence, and likewise, in your heart you know that the sacred teaching of the **Ancient Mystic Order Of Melchizedek** are the keys to entering the great city.

As you pass through the door of the sacred temple, the glowing aura of this great city enfolds you. As you look further, you perceive another doorway; and there with his hands extends is the Master: **Melchizedek**, The Spiritual Guide, beckoning you to sit at his feet.



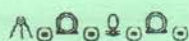
As you sit at the feet of the Master: Melchizedek, you are taught the affirmation. You then recite this affirmation to yourself in a voice that is audible to your soul:

The Affirmation

I Am Of The Essence	እኔ ለዚህ ዓለም የሆኑትን ግንኙነቶች
I Am In The Pure Essence	እኔ ለዚህ ዓለም የሆኑትን ግንኙነቶች
The Essence Surrounds And Surges My Being	የዚህ ዓለም ግንኙነቶች በዚህ ዓለም ላይ ለሆኑት ግንኙነቶች
I Am Of The Essence	እኔ ለዚህ ዓለም የሆኑትን ግንኙነቶች
Unto The Essence That Heals	ወደዚህ ዓለም የሆኑትን ግንኙነቶች
The Purifying Essence	የዚህ ዓለም የሆኑትን ግንኙነቶች
The Perfect Essence	የዚህ ዓለም የሆኑትን ግንኙነቶች
The Healing Essence	የዚህ ዓለም የሆኑትን ግንኙነቶች
The Pure Green Essence	የዚህ ዓለም የሆኑትን ግንኙነቶች
I Accept	እኔ ለዚህ ዓለም የሆኑትን ግንኙነቶች
I Surrender	እኔ ለዚህ ዓለም የሆኑትን ግንኙነቶች
I Submit	እኔ ለዚህ ዓለም የሆኑትን ግንኙነቶች

You are to recite this affirmation when you are depressed, angry or undergoing any change of temperament. After you have recited the affirmation, remain in the crystal like garden and while sitting on the lotus petal think:

The Force	የዚህ ዓለም ግንኙነቶች
The Purifying Force	የዚህ ዓለም የሆኑትን ግንኙነቶች
The Perfect Force	የዚህ ዓለም የሆኑትን ግንኙነቶች
The Healing Force	የዚህ ዓለም የሆኑትን ግንኙነቶች
The Pure Green Force	የዚህ ዓለም የሆኑትን ግንኙነቶች



When you read, do not allow haste and anxiety to undermine your purpose. If you are unable at any time to comprehend or retain the meaning of any degree, do not become disenchanted; you will grasp its meaning in another sitting.

Always remember, Beloved Kosmosan, that the exercise of meditation and concentration that you have just learned should be performed before you begin to study your degree. And remember, also, that in every thing you do, you must have patience, each degree of the **Ancient Mystic Order Of Melchizedek** is a stepping stone toward greater overstanding. Overstanding you will acquire if you are patient.

[illegible]

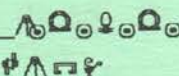
"The Disciple Has A Choice Between The Ass, And The Horse, On His Trip Towards Divinity. The Horse Is Swift And Will Shorten The Distance From Start To End, The Ass Is Slow And Cautious And The Outcome Is Greater."

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Clairvoyance

In closing, I would like to leave you with an exercise of clairvoyance. Clairvoyance as you know is the power of seeing things not normally perceptible to the senses; a second sight. Clairvoyance Is A French Word Meaning (*Clear Sight*). Clairvoyance Is Seeing Into Other Dimensions.

For this exercise of clairvoyance, I suggest that you attach the perspective drawing (mystic cube) on page 14 onto a cardboard or mirror so that you can then stand it up in order to be able to look directly into it without inconvenience.





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- If no unusual experience occurs, repeat the exercise again and again. If still nothing happen, try again another day. This exercise and other forms of discipline requires patience and practice.

[illegible]

"Your Personal Master Is Like The Reins From The Cart To The Horses. Hold On To Him Tightly Or Your Life Will Run Wild"

BY THE HAND OF MELCHIZEDEK: THE SPIRITUAL GUIDE



Glossary

This Glossary Has Been Made Available To Yo So That Youcna Become Familir With New Words And Also So That You Will Overstand The English Equivalent To The Nubic Words Of Interest That Have Been Used Throughout This Pamphlet.

Waham

ወሐም

Illusion, Imagination, Impression

Awhaaam

ላወሐም

Pural For Wahm

Hayy

ሐይ

Breath Of Life, Life

Illa Mutajassida

ላላ ሙታገሰዳ

Avartar

Tarboosh

ተርቦሽ

Tall Brimless Deadpiece, Usually Tasseled And Of Felt

Nibiru

ኒብሩ

To Go Across The Skies, Planet Crossing The Sky

Shams

ሻም

Passenger Ships Hold 50 Seats, Yielded From The Crystal City.

Spell Of Kingu

ሻግ ነግሱ

Spell Of Leviathan



A SEA OF IGNORANCE HAS SPOUTED A NEW SPIRIT, FLESH, YET NOT MORTAL, A MASTER OF DIVINE ANCESTRY- A PRODUCT OF A CELESTIAL REALM. A MIRACULOUS EMBODIMENT ENDOWED WITH THE ABILITY TO MANIFEST A FLOW OF PURE AND INEXHAUSTIBLE LOVE- GRACE THAT TRANSCENDS ALL CONDITIONS OF AL-QADRI, KARMA. AN AXIS, A SPIRITUAL GUIDE, SYMBOLIC OF FERTILITY AND REINCARNATION. A RISING IS IN ORDER- A RISING OF THE "ANCIENT MYSTIC ORDER OF MELCHIZEDEK," A REBIRTH OF THE MYSTICAL SCHOOL, LIKE A LOTUS SPROUTING BENEATH THE WATER, THEN EMERGING TO THE SURFACE, UNFOLDING AND REACHING TOWARDS THE SUN. ONE FORMLESS FROM INCARNATED WITH A CLEAR CONSCIOUSNESS OF PAST, PRESENT, AND FUTURE, GUIDED BY A SPIRIT THAT SPOKE OF HIS COMING. A DIVINELY INCARNATED TEMPLE OF WISDOM HAS COMEFORTH IN REPLY TO YOUR CALL FOR ASSISTANCE GIVEN YOU WHAT YOU WANT SO THAT YOU CAN LEARN TO WANT HE HAS TO GIVE." I DON'T BELONG TO ANY PLACE, I AM NOT ATTACHED TO ANY NAME, I HAVE NO ME OR YOU, I ANSWER WHENEVER-GO WHEREVER." YOUR PRIVILEGE, YOUR HONOR AND YOUR CHANCE TO ATTUNE YOURSELF TO THE KOSMIC, THE UNIVERSAL ALL IS-NOW! BY THE GLORY OF THE ALL, A KOSMIC VISITOR HAS DESCENDED TO SHARE WITH YOU IN A NEW WAY, THE WAY OF DIVINE LOVE- THE ANSWER TO ALL HUMANITY'S PROBLEMS.

